

KS1 Suggested Daily Timetable during isolation

This timetable can be moved around and completed at different times to suit your family's requirements. The times given are suggestions. We often find that children are able to focus on maths tasks better first thing in the morning, but you could change the activities around and complete them in a different order.

<u>Time</u>	<u>Activity</u>
9-9.30am	Physical activities
9.30-10.15am	Maths activities
10.15-10.30am	Read to an adult
10.30-11am	Break/snack
11am-12pm	Writing activities
12-1pm	Lunch
1-1.30pm	Phonics activities
1.30-2.30pm	Topic activities/homework challenge
2.30-3pm	Listen to a story

Suggested Websites to support home learning

www.purplemash.com This website has lots of activities to support learning across the curriculum. Your teacher will give your child their login to access this site.

<https://classroom.thenational.academy/> Oak Academy: Activities to support all areas of the curriculum

Physical activity/ Mindfulness

- Cosmic Yoga https://www.youtube.com/results?sp=mAEB&search_query=cosmic+kids
- Play in the garden – bounce or catch a ball
- Run up the stairs 3 times
- See how many start jumps, sit ups and press ups you can do in 10 minutes – can you do more than the adult at home with you?
- Listen quietly to some music. While you do this complete some colouring.

Maths

- Complete your rapid recall sheets
- Count in 10's, 2's, 5's and 3's with an adult.
- Say one more or one less than any number Year 1 to 20, Year 2 to 100.
- Play games on Top marks www.topmarks.co.uk
 - Counting games for 5-7. Choose any game to play in the sub-categories of: Counting, ordering, sequencing numbers, place value and odd and even
- Times tables – practise your 10, 2 and 5 times tables, select hit the button and choose the timetable you are working on.
<https://www.topmarks.co.uk/maths-games/hit-the-button>
- Practise your number bonds to 10 and 20 with Hit the Button. Select number bonds and then the number bonds you are going to work to. Year 2 can you do your number bonds to 100?
<https://www.topmarks.co.uk/maths-games/hit-the-button>
- White Rose maths for home learning resources, click on the link and watch the video for the week you are away from school. Try to answer the questions. <https://whiterosemaths.com/homelearning/>

Writing

- Practise your handwriting use this site to look at the formation of letters. Write the letters, then write some words containing those letters. <https://teachhandwriting.co.uk/letter-animations-worksheets.html>
- Choose something to copy – a poem or from a book – write it as neatly as you can. Use the site above to help with letter formation.
- Choose an activity to complete. <https://www.bbc.co.uk/bitesize/subjects/zgkw2hv>

Phonics

- Look for videos for your year group in this site. https://www.youtube.com/channel/UCP_FbjYUP_UtldV2K_-niWw
- Play games on Phonics Play – this site is currently free. User name march20 Password:home. Play games for phase 3, phase 4 or phase 5. <https://www.phonicsplay.co.uk/>

Topic

- Watch the video about Guy Fawkes. Learn about who he was and what he did. <https://www.bbc.co.uk/bitesize/topics/zjki382/articles/zjsqbdm>
- Play the Guy Fawkes games and learn about his life. <https://www.bbc.co.uk/bitesize/topics/zn3vvk7/articles/zh7m8hv>
- Learn the following poem. Write it in your neatest handwriting:



Story Time and Singing

- Listen to a story being read to you. There are many sites that provide audible books. https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/?gclid=EAlaIQobChMIwKqul9786wIV1entCh3ATwA_EAAYASAAEgLAiPD_BwE
- Log onto Rising Stars Reading Planet and read one of your allocated books.
- Read a story to an adult or other member of your household.