

## Individual Isolation Period Time Table for Lower Juniors

Dear families,

Please find below a timetable of activities that your child can complete whilst you and your family are in isolation. Some activities may need to be printed out in order to complete them, however we have tried to keep the majority of tasks accessible without a printer.

If you have any questions, please contact the school and your child's teacher will be in contact as soon as they are able. Work completed can be "handed in" on Purple Mash or brought back to school on your return.

Any support that you can give your child whilst they are not in school is appreciated.

With Best Wishes,

The Lower Junior Team

| Lower Junior Home Learning |  |  |  |  |  |  |
|----------------------------|--|--|--|--|--|--|
| Maths<br>45 mins           | https://www.bbc.co.uk/bitesize/this-terms-topics Follow the link above and click on your year group. Select Maths and then you can choose to work on Addition and Subtraction Pick a lesson that you would like to practise. Play the quiz. Watch the video. Read the Learning information and then play the Guardians: Defenders of Maths game. When you choose your battle within the game. Choose a battle that matches the learning that you have practised. For example if you worked on Place Value select the Palace of Place Value for your battle.  |  |  |  |  |  |
| English<br>45 mins         | Monday – Thursday Log in to Purple Mash. On the Home Page, Select English then in the SPAG section click on Grammar. Year 3 select activities from the Early Bird section. Year 4 select activities from the First Flight section. If you find these either too easy or too hard you can adjust the level that you choose. Remember to give yourself a good level of stretch. Friday Log in to Purple Mash. In your Class Folder, you will find a folder called Isolation Work. Click on this folder to access the comprehension activities set for your English group.  |  |  |  |  |  |
| Afternoon<br>lesson        | Log into Purple Mash. On the Home Page go to the <b>Subjects</b> area, then select <b>Music</b> .  Over your isolation period. we would like you to complete a selection of activities. Explore how sound can be layered to produce a composition. Use <b>2Sequence</b> to create your own piece of music. Remember to explore different sounds and vary the rhythm and tempo of your music. Once you are happy with your piece, we would love to hear it so don't forget to save it to your folder. Have a go at any of the other musical tasks in this section. Try identifying the genre of music in the quiz or testing your knowledge of note names in the musical note pairs game. |  |  |  |  |  |

| Mental<br>Maths<br>20-30 mins<br>daily  | <ol> <li>Online - <u>Times Tables Rock Stars</u> Enter our school postcode on the initial login page - HG1 3BA. Your child's username and password should be stuck in on the inside of the front cover of their reading record. Times Tables Certificates will be awarded as normal on a Friday - so keep practising!</li> <li>Online - <u>Hit the Button</u> - choose your own activity and level</li> <li>If you can't be online at this time, please practice your times tables in another way. You could write them out, sing them or find your own way to practice.</li> </ol> |   |  |   |  |
|---|---|---|--|---|--|
| Reading 20-30 mins daily                | Read your reading book to an adult or, if you have finished these, Reading Plus (Y4) complete your target number of selections for the week. Year 3 – read a book of your choice to an adult or share a story together. Please continue to record any reading you complete in your reading record.  |   |  |   |  |
| Spelling<br>15 - 20 mins<br>daily       | Log in to Purple Mash. In the Isolation Work folder you will find a folder called spelling. Use the Year 3/4 Statutory words handwriting sheet to help you learn these words.   |   |  |   |  |
| Handwriting<br>50 mins over<br>the week | Log in to Purple Mash. In the Isolation folder you will find a folder called Handwriting. Choose a handwriting activity that you would like to complete.  |   |  |   |  |
| Being Active 30 mins                    | Yoga Ed.  | Here you'll find Yoga Classes for children. | Choose one of these activities each morning. 'Ctrl & Click' on the image for the link to the webpage | Choose a BBC Supermovers song to sing, dance and learn. |  |
| daily                                   | Mindful Ki  | ds Channel                                  | The Body Coach - Joe<br>Wicks  | Here's a workout for a Superhero!                       |  |